

Welcome to

REF  WORLD
PHILIPPINES



Firmax3

FIRMING & LIFTING CREAM

HOW TO USE THE PRODUCT

Firmax3

FIRMING & LIFTING CREAM

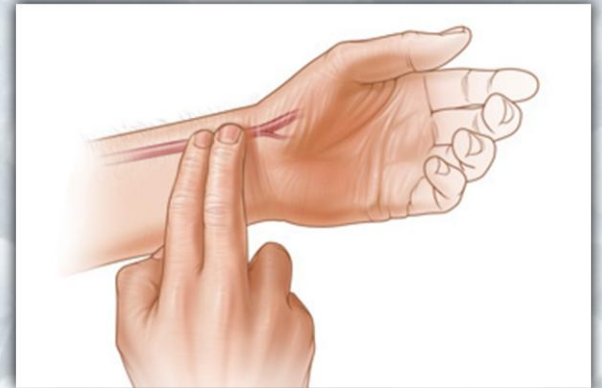


HOW TO USE:

1. Apply cream on pulse points to promote healthy blood circulation.
2. For more prominent effects, apply directly on affected areas.

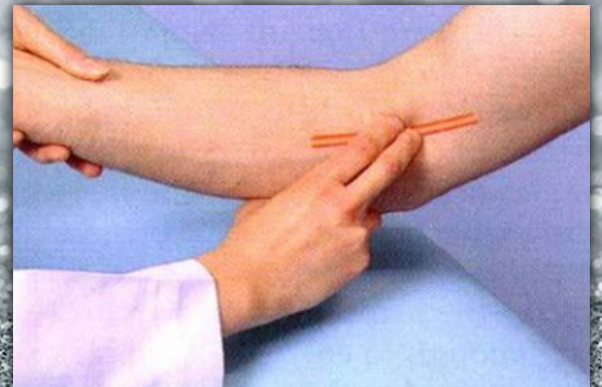
RADIAL PULSE

- located on the inner wrist on the thumb side
- apply a small amount of cream on the left wrist and rub right wrist on top of the other using circular motions until cream is fully absorbed.



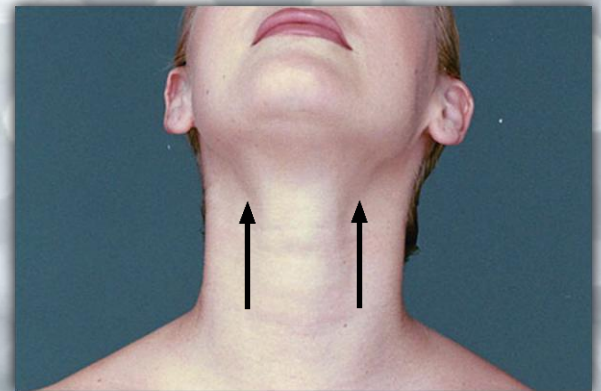
BRACHIAL PULSE

- located on the inner aspect of the elbow



CAROTID PULSE

- located on the side of the neck near the Adam's apple
- strongest pulse point
- apply a little amount of cream on the neck pulse points and rub upwards with a little pressure



TEMPORAL PULSE

- located on the side of the head above and slightly in front of the ear



FACIAL PULSE

- located on the lower jawbone on a line with the corners of the mouth



FEMORAL PULSE

- located in the inner thigh in the groin area



POPLITEAL PULSE

- located in the pit behind the knee



POSTERIOR TIBIAL PULSE

- located on the middle/inner side of the ankle



DORSALIS PEDIS PULSE

- located on the top of the foot



PULSE POINTS ON THE BODY

- **Temporal** (Side of Forehead)
- **Facial** (Lower Jaw)
- **Carotid** (Neck)
- **Brachial** (Inner Elbow)
- **Radial** (Wrist)
- **Femoral** (Groin)
- **Popliteal** (Back of the Knee)
- **Posterior Tibial** (Inner Ankle)
- **Dorsalis Pedis** (Front of Foot)

